



Ideas for getting others involved with your EP

1 – Other Adults

- Talk to them in a logical and practical manner and avoid apocalypse type scenarios and discussions. Start simple with practical concepts.
- Refer to current events and real-life scenarios that you may or may not have been prepared for.
- Give real life facts. Why do we have insurance? Just in case, right? I want to insure we are prepared because I care about you.
- Involve them to the extent they want to be involved and find specific tasks they can help with.
- Discuss the need to be situationally aware of your surroundings in an unsure world.
- Find some preparedness sites and blogs written by women/men that you think she/he may relate to.
- What hobbies do they have that may interest them in your EP plan? Are there specific supplies or gear they may enjoy researching or shopping for?
- Find fun social media outlets they may enjoy.
- Find a self-defense class specifically for women/men that she/he may enjoy.
- Take a cozy camping trip together and practice some skills.

2 – Children

- Emphasize how fun it is going to be and games you can play.
- Draw a map of your yard, neighborhood and identify safe places.
- Go to the park and cook a meal over a fire.
- Get some water from a creek and purify it.
- Build a fort and pretend you are in a primitive shelter.
- Have bug out drills and go camping. Start simple, rent a cabin at first if you need to.
- Camp out in your back yard and practice making a fire.
- Interest them in how to prepare your pets for an emergency and how they can help.
- For older kids consider a ham radio to let them listen to stations around the world. Or a self defense class. Build an emergency supply kit for their car.
- Look for other ideas at www.ready.gov/kids

3 – Elderly

- Keep it simple!
- Because you love them and it's an uncertain world. Present real scenarios.
- A PDF you can share with them is available at Ready.gov [here](#)

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